

The Good News

MONTHLY PUBLICATION FEBRUARY 2019 VOLUME 25 NUMBER 2



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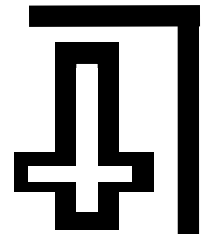
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RETURN SERVICE REQUESTED

Emanuel Evangelical Lutheran Church
 150 North Palm Street, La Habra, California 90631 (562) 691-0656
 Preschool: (562) 694-5316

Traditional Worship Service
 Praise Service
 Children's Sunday School:
 PASTOR:
 VICAR:
 PRESCHOOL DIRECTOR:

9:00 a.m.
 10:45 a.m.
 10:00 a.m.
 Catherine E. Luehr
 Maria Markman
 Jonine Sadders

Spanish Worship is offered at 2:30 pm by House of Faith.
 E-mail: churchinfo@elch.org
 Website: www.elch.org

DATED MATERIAL
 Please Deliver by 2nd or
 3rd of the month.

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Post It Notes from Pastor Luehr



How do you get the Good News?

Hopefully the answer is, "By reading my Bible!" However, I am asking how you get your *other* Good News, the Emanuel monthly newsletter called "The Good News."

In the past few years we have noticed that many people within our congregation prefer to receive the "Good News" newsletter digitally via email or on our website, or by picking up a printed copy at church.

Due to some inefficiencies of the Bulk Rate Mailing System, in the next month we will be moving away from sending the Good News via bulk rate US Mail. We **will continue to mail** copies of the newsletter to people who live out of the area and/or do not receive it by email. Additionally if you are a regular attender but prefer to have one mailed to your home we will make that available to you.

As always there are paper copies in the church office and in the Narthex, as well as on our website and available by email if you wish. Also beginning with the March 2019 Newsletter ushers will pass out paper copies on Sunday to those who would like one.

If you already receive the Good News by email, we do not need your email address unless you would like to provide us with an updated one. Please see the form below for more information.

Pastor Cate Luehr

Please either turn this form in to the office or give it to one of the ushers on Sunday, or send an email to churchinfo@elclh.org or call the church office at (562) 691-0656 with your preference.

NAME: _____

EMAIL ADDRESS (if not already provided): _____

If you would like a printed copy of the newsletter mailed to you, please provide the address (if not already provided):



The Psalms is one of my favorite books in the Bible. Being an English major in college, I grew to love poems even more than I already had. I was a published poet in second grade for a poem titled *Crazy*. Ask me about it and I will recite it to you. As I grew in faith and began to wonder about the Psalms, I realized quite quickly that the Psalms held the songs and poetry of our faith.

Now I am not naive, I know that poetry is sometimes hard to access. And it can be hard to understand. So when the Wednesday morning Bible Study group was looking for a new area of study and I realized they had never touched the Psalms, I suggested we do a guided walk through the Psalms. Together we will explore the poetry of the Psalms and the full range of human emotion and experience expressed in the Psalms. The vast array of voices included in the Psalms gives us a more expansive idea of what a relationship with God looks like and the ups and downs of human life.

Martin Luther sums up his ideas of the Psalms saying:

[The Psalter] might well be called a little Bible. In it is comprehended most beautifully and briefly everything that is in the entire Bible. It is really a fine enchiridion or handbook. In fact, I have a notion that the Holy Spirit wanted to take the trouble himself to compile a short Bible and book of examples of all Christendom or all saints, so that anyone who could not read the whole Bible would have anyway almost an entire summary of it, comprised in one little book.

I encourage you if you are available on Wednesday mornings from 9:00-10:00 AM to consider coming and joining us in our study of this book that is in a way a summary of the whole Bible as told from a symphony of voices — voices that I hope will become our own when we cannot find the right words in times of need, or grief, or in times of praise and thanksgiving.

If you work during the day or simply are unable to make it, know that the Wednesday Morning Bible Study holds you in prayer and invites you into the Psalms in your own personal study.

Blessings,

Vicar Maria



Heart And Hands Outreach Sharing the Good News!

"Feed My Sheep" – John 21



It's February — when we think about LOVE of all kinds more than any other time of the year. We show our love by sharing the Good News and caring for others and their needs.

COMMUNITY SHARING AND CARING OUTREACH:

LA HABRA COMMUNITY RESOURCE CARE CENTER: HAHO invites you to share the love this month by contributing food for the La Habra Community Resource Care Center in our receptacle in the Narthex or by contributing dollars to the LHCRCC through the Good Samaritan Fund, which provides housing vouchers and other help for emergency needs.

FRISTERS: We purchased *Miss Bindergarten Goes to Kindergarten* for the Kidsters so each child will have a book of his/her own and they will be able to read together and learn about their exciting future time in school.

The Fristers' 2018 Annual Report has the following statistics, and Emanuel is part of the solution. Pastor Cate and Emanuel were acknowledged as supporters in a retirement event for Pastor Elaine Friesen who has been the leader of the La Habra Chapter:

- There are now 5 Fristers Chapters in Orange County with plans for more
- 14 Moms graduated from the Life Coach Program
- 38 couples (yes, Fristers helps supports dads, too!) received education and support to build a healthy relationship
- 211 moms were equipped and empowered
- 192 meals were served to moms, dads, couples, and children
- 195 successful links connecting parents to resources in the community
- 9,000 hours donated by volunteers and interns
- 272 children prepared for kindergarten
- 571 parents and children improved their lives
- \$300,000 in-kind donations

Impressive numbers . . . And YOU are there!

EVANGELISM:

Did you know we have business cards with a picture of our stained glass window, our church information, and Pastor Cate's name on them? They are quite beautiful. Take a couple and keep them in your wallet. You never know when you might have the opportunity to share the GOOD NEWS which we proclaim at Emanuel.

“Take It To The Lord In Prayer” — prayers for our church, our pastor, our world, and any special needs, in the Chapel or wherever you are at 8:30 on Saturday mornings. We now have eight people praying every week. Join us. We are hoping to run out of space in the Chapel and move to a larger prayer space. If you have a prayer request, please let the Pastor or Vicar know and it will be lifted up. We have met and prayed weekly for nearly six years and we continue to see miracles.

Our next HAHO meeting will be on March 2, 2019 at 10:00 AM in the Library. Please join us.

Thank you for your generous Hearts and Hands!

Jeanette Parr
Facilitator



OPPORTUNITY CALENDAR

If you'd like to plan ahead for those ministries which are dearest to your heart, a 2019 calendar of scheduled opportunities is below. (You could post it on your refrigerator!)

THESE MINISTRIES ARE OFFERED AS OPTIONS FOR YOU. PLEASE DO NOT FEEL OBLIGATED TO PARTICIPATE IN ALL OF THESE MINISTRIES. DO ONLY WHAT GOD CALLS YOU TO DO.

- | | |
|--------------------------|---|
| <i>January:</i> | Kidsters Books – <i>Miss Bindergarten Goes to Kindergarten</i> purchased and delivered. |
| <i>February:</i> | Dollars for food and/or housing for LHCRCC or other emergency needs. Note contributions to the Good Samaritan Fund are used for emergency housing on a regular basis. |
| <i>March:</i> | Diapers & Wipes for FRISTERS. |
| <i>April:</i> | Specific household items for Patriots & Paws (replaces Free-For-All). We can collect here and arrange for pickup. |
| <i>May:</i> | WINGS support for moms TBD.
(Note: We will not be collecting gently used purses and hygiene items this year.) |
| <i>June:</i> | Daniel Alvarez Center – household cleaning & maintenance items. |
| <i>June/July/August:</i> | Support VBS and Parish Ed. |
| <i>August/September:</i> | School supplies for Study Buddies and Mama's Hill House. |
| <i>October:</i> | Bibles for Preschool & third graders as needed. |
| <i>November:</i> | Veteran's Outreach – holiday bags. |
| <i>December:</i> | Angel Tree(s) & Fristers/Kidsters Toys. |

All opportunities will be highlighted with more information in the “Good News” and the weekly Bulletin.

*****Subject To Adjustment*****



From the Board of Parish Education

Sunday School Class Schedule: Sunday School classes are held weekly. Join us on Sunday mornings for classes for all age groups starting at age three. Visitors are always welcome!

- **Classes for Preschool to 5th grade** meet at 10:00 AM in Moerer Hall. We will be learning about Bible stories through art, games and science. Come and join us.
- **Middle School / Sr. High:** Bring your questions about anything or anyone you've heard about in the Bible and want to learn more. This class meets in the Youth Room at 10:00 AM with Janine Ward and Denise Whitcher. Come and discover how God works in our lives. Don't miss out.

Offerings: Our students would like to give a gift to our church by purchasing a special Lenten Banner that will be hung in the Narthex during the season of Lent. We are encouraging them to take pride in their church, Emanuel Lutheran.

Seekers: Seekers youth meet each Thursday from 6:00-7:00 PM. Come join the fun as we have stories, games and snacks.

Preschool Appreciation Sunday: Emanuel Lutheran Church will be inviting our preschoolers and their families to Preschool Appreciation day. Save the date for Sunday, April 7, at 10:45 AM during the Praise Service. More details to follow.

Study Buddies: Our Study Buddies program is off to a great start with approximately 14 students enrolled and 7-8 kids attending per session. They meet every Tuesday and Thursday from 3:30 to 5:30 PM.

Please continue to pray for the spiritual growth of the youth and adults.

Board of Parish Education

FIRST COMMUNION CLASSES



We will be holding First Communion classes Sunday, February 10 and Sunday, February 17, from 12:00-12:45PM in the Library in Hope Center. After these two classes, students are invited to participate in their first communion where they will be recognized during worship on February 24 at whichever service they attend. This class is open to any and all who wish to participate in the Sacrament of Holy Communion.

If you already participate in the Lord's Supper but would like to know more, please feel free to attend these classes. We ask that all youth and children attending these classes have a parent or other adult attend as well. If you would like to attend this class, please contact Pastor Cate Luehr beforehand so she can have the resources ready for your child.

JOY CIRCLE



The Joy Circle Bible Study will meet on **Monday, February 11, from 9:30-11:00 AM. Please note this is the second Monday of February, one week earlier than normal.** The Joy Circle is a women's group that normally gathers on the third Monday of each month in the Hope Center Library for fellowship and treats and to participate together in a Bible study taken from *Gather Magazine*, the magazine published by Women of the ELCA.

In January we began a new four-month Bible study looking at the Gospel of John. Throughout John's Gospel, Jesus engages people in honest and sometimes difficult conversations that lead to faith, renewal and transformation. Over the course of this four-session study by Rev. Julie A. Kanarr, we will meet Jesus through his interactions with various characters within the gospel. Their conversations beckon us to explore and grow in faith. We hope you will consider joining us!



ADULT LAY-LED BIBLE STUDY

**1st and 3rd Thursdays at 4:30 PM
Hope Center Classroom**

At Emanuel, we have an Adult Lay Bible Study led by a member of the congregation. They normally meet the first and third Thursdays of each month at 4:30 PM in the Hope Center Classroom. **In February they will meet on February 7 and February 21**, where they will continue their study of Hebrews using Shepherd's Notes. They enjoy learning together about the Word of the Lord and hope you will feel led to join them. Both men and women are welcome! For more information, contact Mischelle Uhlman.



OUR EMANUEL STORIES

Share your story! Help Vicar Maria collect 52 Emanuel stories for her internship project.

Call the office at (562) 691-0656 or email Vicar Maria at vicar@elclh.org for questions or to set up an appointment to tell your stories about Jesus and Emanuel Lutheran Church.

Interviews will last approximately 30 minutes and will be filmed. All are welcome and encouraged to share.

HIGH SCHOOL YOUTH RETREAT!! FEBRUARY 22-24

The weekend of **February 22-24**, we will be heading up to Luther Glen Camp and Farm outside of Oak Glen for our winter retreat.

Registration is due to the church by **Sunday, February 3**. We will be able to play with the farm animals, worship, join in great camp activities, learn with other youth from around the area, and generally have a great time!

Through generous donations made to the youth program, the cost of this weekend will only be \$75 per student. Students are able to pay their cost anytime before we leave and can even bring the funds that day. If you write a check, please make it out to "Emanuel Lutheran Church" with "Youth Retreat" in the memo. *If this cost is prohibitive, please speak with Pr. Cate Luehr and we will make funds available for you to attend.*



Women's Retreat ~ Save the Date! May 3-5, 2019

The date for the **Fifth Annual Emanuel Women's Retreat** has been set for May 3-5, 2019 at the Murrieta Hot Springs Christian Conference Center. Cost is \$200. Those who attended last year had a great time! We hope you are able to join us this year. Talk with Pr. Cate for more information.



CALLING ALL SENIORS . . .



NEED A RIDE TO CHURCH, TO A DOCTOR,
TO A GROCERY STORE?

NEED A LITTLE ASSISTANCE IN LOCATING A
PROFESSIONAL SERVICE FOR YOU OR YOUR
HOME?



NEED/WANT SOMEONE TO CHECK IN WITH
YOU OCCASIONALLY?

Emanuel has some caring people who wish to provide you with a little independence support. If you have a need, just let Pastor Cate know and she will put you in touch with someone who can help.

Birthdays and Anniversaries February 2019



2	Kristen Pfeifer	11	Denise Whitcher	16	Kimberly Haight
3	Jeff Reimer	12	Arlene Mullins	17	Joani Beard
3	Dan Toussaint	13	Dianna Holtzendorff	17	Sharon Patow
4	Brooke Diaz	14	Michael Carey	19	Kristen Carlson
7	Jules Satmary	16	Barrett English	26	Lisa Williamson
11	Marlies Erickson	16	Xander Erickson		

6 Robert & Susan Wright
16 Keith & Barbara Kruse



The "2nd Mile" Giving Envelope
for the month of February is:

Good Samaritan Fund

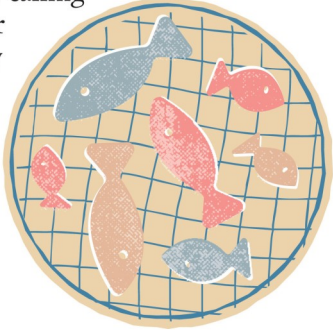
Check out our website at elclh.org.
Look for us on Facebook under **Emanuel Lutheran Church** or Instagram at [emanuellahabra](https://www.instagram.com/emanuellahabra).



Be informed and up-to-date.
Visit our website for all upcoming events and information.

Bible Quiz

In Luke's account of Jesus calling the first disciples from their work as fishermen to follow him and "fish for people" (NIV), which disciple is not named?



- A. James
- B. John
- C. Simon
- D. Andrew

Answer: D (See Luke 5:1-11.)

Kid's Korner

A MESSAGE OF *Love*

Make this valentine for a family member or friend.



What you need:

- 10 wooden craft sticks
- Painter's tape
- Markers
- A photo and glue (optional)
- Craft knife (and adult help)
- Ribbon or a rubber band

What you do:

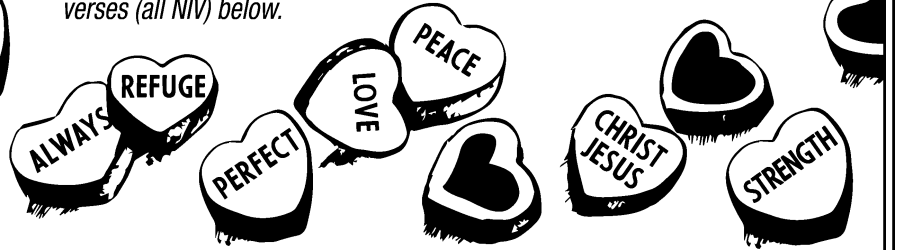
1. Set the sticks side by side. Secure with two tape strips.
2. Flip the sticks over. Draw (or glue on) a picture or write a message or Bible verse. If using glue, let dry.
3. Flip the sticks again and remove tape. If you glued on a photo, have an adult help cut the sticks (and photo) apart.
4. Secure the sticks with ribbon or a rubber band.
5. Deliver the gift and invite the recipient to assemble the puzzle.



WITH LOVE FROM ABOVE

The Bible is full of special words from our loving God.

Directions: Using the messages on the candy hearts, complete the Bible verses (all NIV) below.



God is our _____ and _____,
an ever-present help in trouble. Psalm 46:1

"Surely I am with you _____." Matthew 28:20

And the _____ of God ... will guard
your hearts and your minds in

_____. Philippians 4:7

Whoever lives in _____ lives in God,
and God in them. 1 John 4:16

_____ love drives out fear. 1 John 4:18

Answer: refuge, strength, always, peace, Christ Jesus, love, Perfect