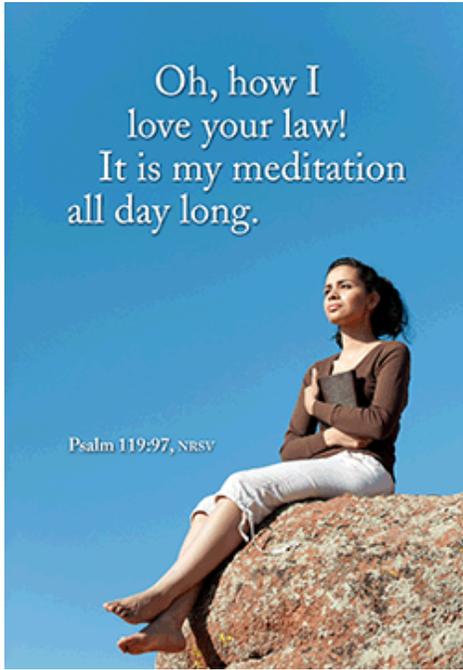


The Good News

MONTHLY PUBLICATION OCTOBER 2019 VOLUME 25 NUMBER 10



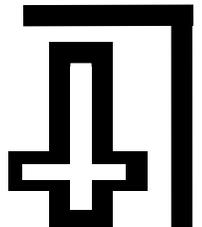
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address label here

DATED MATERIAL
 Please Deliver by 2nd or
 3rd of the month.

Traditional Worship Service
 Praise Service
 Children's Sunday School:
 PASTOR:
 VICAR:
 PRESCHOOL DIRECTOR:
 Spanish Worship is offered at 2:30 pm by House of Faith.
 E-mail: churchinfo@elch.org
 Website: www.elch.org



RETURN SERVICE REQUESTED
 Emanuel Evangelical Lutheran Church
 150 North Palm Street, La Habra, California 90631 (562) 691-0656
 Preschool: (562) 694-5316

Post It Notes from Pastor Luehr

John 13:35
By this shall all
men know that ye
are my disciples, if
ye have love one to
another.

In September, I traveled to Minnesota with Vicar Matt Polsdofer for an MDivX Cohort Retreat. Throughout our retreat time, all of the students in his MDivX program and all of their supervisors met for a time of discussion and collaboration on ways to more effectively accompany this group of students preparing for pastoral ministry. One of the topics we discussed was appreciation.

If you have ever read Gary Chapman's book *The 5 Love Languages* (a book I recommend in every pre-marital counseling session I do), you may be familiar with the idea that people both receive and give love in different ways. Chapman writes that there are five basic ways in which a person can give or receive love:

- ◆ Acts of Service
- ◆ Words of Affirmation
- ◆ Quality Time
- ◆ Physical Touch
- ◆ Gifts

It is important to know how someone you love feels loved by those around them. If you are continually giving gifts to your spouse, but what they really want to feel loved is to have quality time with you, then no matter how many gifts you may give, they will feel like something is missing. Or if you tell your child everyday how much you love them and shower them with Words of Affirmation, but how they experience love is the Physical Touch, then a hug from mom or dad will have a more lasting impact.

Similarly, everyone has different ways they feel their work is appreciated, and it is important to appreciate them in that way. While on our retreat, we all did an exercise where we explored the ways we feel most appreciated. For Vicar Matt, his top two ways of feeling appreciated are Quality Time and Acts of Service. Pictured to the right is a little photo of a form he filled out exploring those more. I feel this is a useful tool not only for our Vicar but for each other. Before you go out and buy a gift for someone to show your appreciation, perhaps it would be useful to talk with them and ask "in what ways do you feel most appreciated?"

Pastor Cate Luehr

My APPRECIATION LANGUAGE Guide

Primary APPRECIATION Language is: Quality Time

Examples of my primary APPRECIATION Language at its best:

Having opportunity to get to know each other more
-chatting in office, getting coffee,
Sharing a meal

Secondary APPRECIATION Language is: Acts of service - How its done - enthusiastically or begrudgingly

helping with our family
taking photos when we have events so I don't have to

Pr. Cate has moved her day off from Friday to Monday. Our regular office hours will still be Monday-Thursday 8:30-2:30. Pr. Cate will be primarily using Friday for visitation and writing but will be accessible by phone on Fridays. She will also be holding office hours by appointment on Fridays.

Matt's *Motivational Minute*



"I like to listen. I have learned a great deal from listening carefully. Most people never listen." — Ernest Hemingway

One of the opportunities I have as a vicar is to meet with homebound members or members who are in the hospital. This is a great opportunity to get to know congregation members more and be present with them.

One of the biggest questions and worries I had was, "what should I say?" In a recent edition of the Thrivent Magazine they had an excellent article about visiting those in the hospital. In the article it outlines some great advice and one of the best things is that you don't need to worry about what you will say. Being present and listening to the person is what is needed in that moment. If you are ever worried about what you will say, do not worry, just be present with the person. As Jesus reminds us in Matthew 18, "wherever two or more are gathered in my name, there am I among them." When we gather with those going through challenging situations, we can know that we are not going in alone, but that Jesus is there with us as well.

One other thing I have learned is that hospitals and care facilities are restricted due to privacy issues in what they can share. They cannot contact the church to let us know that someone is in the hospital, so please make sure to contact Pastor Cate, myself or the church office if you would like us to pray for you, for us to bring communion, or to let your church family know.

In Christ,
Vicar Matt



STRONG ♦ COMMITTED ♦ INTELLIGENT

Does this describe YOU?

**Saturday, November 16, 7AM – for ONE HOUR.
Move equipment and furniture from Moerer Hall
and the Sunday School Room.**

**(We will be stripping and waxing the floors.)
NO PAY, BUT ALL THE DONUTS YOU CAN EAT.**



**Please let the Church Office (562-691-0656) or
Jeanette Parr (562-761-9488) know if you will be helping.**

STRETCH YOUR MINISTRY LEGS! DON'T MISS THIS FUN EVENT!



Heart And Hands Outreach Sharing the Good News!

“Feed My Sheep” – John 21

COMMUNITY SHARING AND CARING OUTREACH:

STUDY BUDDIES and MAMA HILL’S HOUSE: A number of gift cards and cash donations were made for Study Buddies to purchase snacks and rewards. Thank you SO MUCH! You and our tutors are making a huge difference in these student’s lives. Future gift cards may be designated and put in the offering or left in the office.

As assortment of school supplies and two backpacks were delivered to Mama Hills Help for the children in after-school classes. Our timing was good because the children returned on September 17. Thank you to everyone who donated school supplies.

“Train up a child-in the way he should go; even when he is old, he will not depart from it.”—Proverbs 22:6

PATRIOTS & PAWS: We will again be providing Holiday Dinner Bags for our veterans in November. If you would like to put together an entire Holiday bag as in the past, you are welcome do so. However, we will be also using the balance of our Thrivent Grant of about \$2,000 to purchase the groceries for the bags, so if you would like to bring only gift cards (\$20 each), we can add those to the groceries and offer them even more bags than the 70 we gave last year. This year we are aiming for 100! Patriots and Paws will distribute about 300 holiday dinner bags to our veterans and their families. **All items need to be in Moerer Hall by Tuesday, November 10, for delivery .**

WANDS FOR WILDLIFE “WANDRAISER”— NEW OPPORTUNITY: Now through October 20, a box will be in the Narthex. Gather up your old mascara wands (clean them if possible) and put them in the box. They will be mailed to Wands for Wildlife. Old mascara wands are used to remove fly eggs and larva from the fur and feathers of wild animals. They work well because the bristles are close together. What a great way to help our animals and recycle! For more information, see www.appalachianwild.org/wands-for-wildlife.html.



EYEGASSES/CASES: Used eyeglasses and cases are again being collected for the Lions Club to assist people who need help with their vision. A box is in the narthex until October 20. Are we making a difference with these glasses? The La Habra Journal reports that in June 2019, the Lions, a part of the international Lions and Knights of the Blind, held a free vision screening event open to everyone regardless of age or income. A total of 234 adults and children had their vision tested by volunteer opticians. That day 158 people went home with glasses, and another 25 people will receive new glasses made at the optical lab — a total of 183 patients received new or recycled eyeglasses! This was a life-changing event for them. Imagine being able to see clearly for the first time in your life!



BIBLES FOR PRESCHOOL AND 3RD GRADERS: What better way to share the Gospel than providing each preschooler and Sunday School student in the 3rd grade with a Bible. If you would like to participate in this Good News event, please mark your offering for it.

EVANGELISM:

THE BLUE SHOPPING BAGS ARE BACK! If you need a new bag, they are available, just let us know. The La Habra Resource Community Care Center is now distributing food to members of our community by letting them “shop” and pick up the items. Hortencia Vizcarra, the Executive Director, has requested that we provide bags for this ministry. Not only will we be providing a service to the center, but Emanuel’s bags will be all over our community.

Did you know we have business cards with a picture of our stained glass window, our church information, and our Pastor’s name on them? They are quite beautiful. Take a couple and keep them in your wallet. You never know when you might have the opportunity to share the GOOD NEWS which we proclaim at Emanuel.

“**Take It To The Lord In Prayer**” — prayers for our church, our pastor, our world, and any special needs, in the Chapel or wherever you are at 8:30 on Saturday mornings. We now have eight people praying every week. Join us. We are hoping to run out of space in the Chapel and move to a larger prayer space. If you have a prayer request, please let the Pastor or Vicar know and it will be lifted up. We have met and prayed weekly for over six years and we continue to see miracles.

The next HAHO meeting is Saturday, October 12, at 10:00 AM. Please join us.

Thank you for your generous Hearts and Hands!

Jeanette Parr
Facilitator



OPPORTUNITY CALENDAR

If you’d like to plan ahead for those ministries which are dearest to your heart, a 2019 calendar of remaining scheduled opportunities is below. (You could post it on your refrigerator!)

THESE MINISTRIES ARE OFFERED AS OPTIONS FOR YOU. PLEASE DO NOT FEEL OBLIGATED TO PARTICIPATE IN ALL OF THESE MINISTRIES. DO ONLY WHAT GOD CALLS YOU TO DO.

- | | |
|------------------|--|
| <i>October:</i> | Bibles for Preschool & Third Graders as needed
Used Eyeglasses and Cases for Lions Club
Mascara Wands for Wands For Wildlife |
| <i>November:</i> | Veteran’s Outreach – Holiday Dinner Bags & Gift Cards |
| <i>December:</i> | Angel Tree(s) & Fristers/Kidsters Toys |

All opportunities will be highlighted with more information in the “Good News” and the weekly Bulletin.

*****Subject To Adjustment*****



FROM THE BOARD OF PARISH EDUCATION

Sunday School Class Schedule: Sunday School classes are held weekly. Join us on Sunday mornings for classes for all age groups starting at age three. Visitors are always welcome!

Classes for Preschool and Kindergarten: This new class began September 22. All grade levels meet together for our Sunday School Opening in Moerer Hall. Then the preschool and kindergarten students go to the Fireside Room in the hall for their lesson. Welcome all kindergarten and preschool students! Come learn all about Noah and the Ark.

Classes for 1st to 5th grade: All students meet at 10:00 AM in Moerer Hall for our Sunday School Opening. The Bible story of *Noah and the Ark* is our focus this month. The flood shows us how serious God is about sin. He provided a rescue plan for one righteous man, Noah. This story points ahead to the greater rescue plan we have in Jesus.

Middle School / Sr. High: Students filled out a questionnaire regarding whether there is interest in a young adult class or a Bible study or relevant topics. The class could be at another time or on a day other than Sunday. More to follow soon.

Offerings: Our weekly offerings will be saved each week so we may purchase gifts for the children from the Wings Shelter that are included on our Angel Tree in December. This is a special time for our students when they see how they can reach out to help kids their own age during Christmastime. Their needs are great so let's give from our hearts.

Seekers: Seeker's youth group "kick-off" was on Thursday, September 12 from 6:00-7:00 PM. Shirts were worn "Inside Out" and we transformed an Oreo cookie to be an "Inside Out" treat. A "Nature Scavenger Hunt" and a "Match Up" game kept us on the move. All youth from kindergarten through 6th grade are welcome.

Confirmation: Confirmation "Kick Off" was on September 15 with root beer floats and a time to get together and plan for the upcoming year. Classes began on Thursday, September 19, in Hope Center. Confirmation is open to all students from 7th grade up. This two-year faith formation program meets every Thursday night and participates in a mentor dinner night once a month. See Janine Ward, Pastor Cate, or Vicar Matt if you know of someone who might be interested in Confirmation.

Study Buddies began on Tuesday, August 27, and continues on Tuesdays and Thursdays from 3:30-5:30 PM for children in grades 1-6. This program is open to all children in our surrounding neighborhood as well as our Emanuel Lutheran family. Invite your friends! We would like to add 2 or 3 more tutors to our wonderful group of volunteers so please consider giving us a try. We think you'll love it! **High School students are also welcome to tutor — this would be a great way to earn community service.** Talk to Jill Drummond or Char Ponzio for details.

Please continue to pray for the spiritual growth of the youth and adults.

Board of Parish Education



ANNUAL CONGREGATIONAL MEETING

Our Annual Congregational Meeting will be held Sunday, **November 10, at 4:00 PM** in the Sanctuary. Be sure and pick up your copy of the Annual Report. They will be available in the Narthex on Sunday, October 27, or you can pick one up in the Church Office during the week of October 28th. **Please plan to attend!**

JOY CIRCLE



The Joy Circle Bible Study will meet on **Monday, October 21, from 9:30-11:00 AM.** The Joy Circle is a women's group that gathers on the third Monday of each month in the Hope Center Library for fellowship and treats and to participate together in a Bible study taken from *Gather Magazine*, the magazine published by Women of the ELCA.

Last month we began a 3-month study focusing on Old Testament poetry and the emotions they portray. If you have never participated in the Joy Circle before, consider trying one or more of the 3 or 4 month sessions. Extra copies of this Bible study will be available that morning.



ADULT LAY-LED BIBLE STUDY

**1st and 3rd Thursdays at 4:30 PM
Hope Center Library**

At Emanuel, we have an Adult Lay Bible Study led by a member of the congregation. They meet the first and third Thursdays of each month at 4:30 PM in the Hope Center Library. In October they will meet on **Thursday, October 3, and Thursday, October 17**, where they will continue their study of *The Lost Books of the Bible*. They enjoy learning together about the Word of the Lord and hope you will feel led to join them. Both men and women are welcome! For more information, contact Mischelle Uhlman.



THRIVENT MEMBERS

Remember to allocate your Choice Dollars before they expire. Whether you designate your monies to Emanuel or another worthwhile approved organization, don't let money go to waste. If you regularly do so online, great. But if it's easier, there are forms in the Narthex to fill out and we will hand deliver them to the local Thrivent office. This is such a wonderful opportunity to help others through God's goodness to us. If you have questions about whether you are eligible, contact the Thrivent office.



Emanuel Lutheran's Annual "Thanksgiving Dinner"

POSTPONED

Our annual Thanksgiving Dinner will not be held in 2019 due to the upcoming Polsdofer baby shower and the 60-year anniversary celebration (see below).

BABY SHOWER!!

A baby shower for Vicar Matt and Jenni Polsdofer will be held on Saturday, November 2, at 10:00 AM in Mozzer Hall. Join us for fun and refreshments. Their baby girl is due late November and they are registered at Target.

Contact Robyn Ospital or Jill Drummond if you would like to help.

...it's a girl!



SAVE THE DATE

This coming January, Emanuel will be celebrating 60 years of ministry in La Habra. We will have a 60th anniversary celebration the morning of **Sunday, January 26**. Please reserve this day on your calendar to celebrate with your Emanuel family.



2019 BISHOP'S GATHERING "GOD'S MISSION. GOD'S CHURCH"

Beginning mid-September, annual Bishop's Gatherings are taking place across the Pacifica Synod of Southern California. It is a chance for people to meet our new bishop (and former Emanuel Pastor) Bishop Andy Taylor.

Messiah Lutheran Church (4861 Liverpool Street, Yorba Linda) will be hosting the Bishop's Gathering for the *Rejoice Conference* on **Sunday, October 13 at 2:30 PM**. All are welcome, please contact the church office by October 6 if you plan to attend.

"Catechism Revisited: On Tour"

Rejoice Conference Day of Theological Education and Service

Saturday, October 19

Luther Glen Farm ♦ 39136 Harris Rd, Yucaipa, CA 92399



The Rejoice Conference of the Pacifica Synod invites you to attend our 6th annual "Catechism Revisited." This event has been held for the past five years as an intentional time set aside for learning and reflection on various topics pertaining to the Lutheran Catechism and Theology. This year we are going ON TOUR! Luther Glen Farm is our local ELCA camp and one of the two locations that fall under Lutheran Retreats, Camps, and Conferences (LRCC). A few years ago they put a farm on their campus and it has blossomed into an amazing ministry throughout the area. This event will include a tour and discussion from the Luther Glen staff followed by various service projects throughout the camp and farm. Special attention will be given to provide worthwhile opportunities for people of all ages and abilities.

We will break midday for lunch cooked by the camp staff and then people will have the opportunity to stay and continue to work throughout the afternoon or head home.

SCHEDULE

9:30-10:30 am – Arrive, Check in, coffee

10:00 am – Farm Tour

11:00 – Service projects throughout the farm

12:30 pm – Lunch provided by Luther Glen Staff

1:30pm -- Afternoon Service projects (optional)

Cost \$5 to cover Lunch

If you would like to support Luther Glen Farm in other ways, consider getting them an item off their Amazon Wishlist at:

<http://a.co/25acjyG>

RSVP: By October 13, 2019 to Pastor Anne-Grethe Nielsen at info@danishchurchsocal.com or 714-993-6362. Please share any dietary restrictions when registering and indicate child, youth, or adult.

Kid's Korner

HARVEST

Trail Mix

This portable snack combines favorite fall flavors.



What you need:

- 1/4 cup maple syrup
- 1 tsp. pumpkin pie spice
- 1/8 tsp. salt
- 2/3 cup pecan pieces
- 1/3 cup roasted pumpkin seeds
- 1/3 cup almonds
- 1/4 cup raisins
- 2/3 cup dried fruit (any)

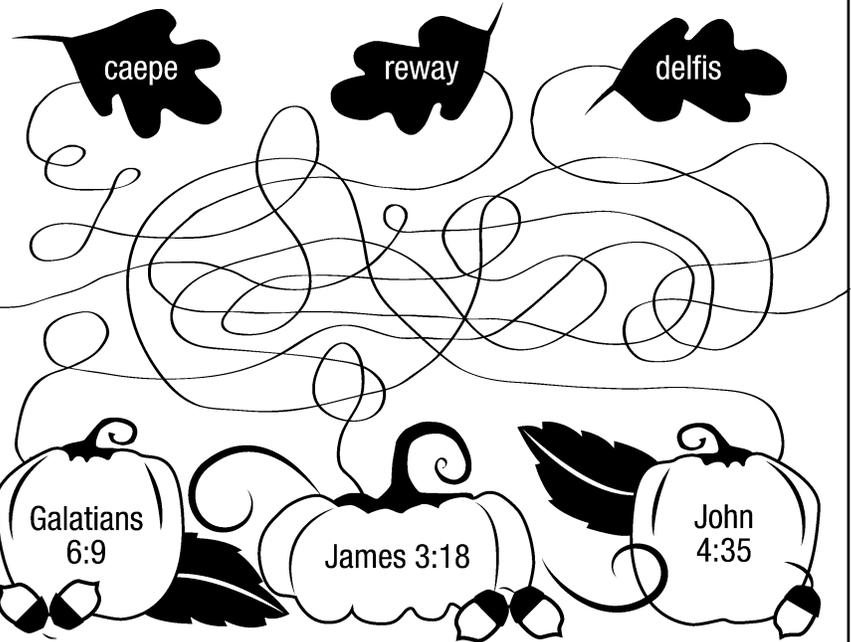
What you do:

1. Microwave syrup, spices, seeds and nuts for 30 seconds at a time, stirring frequently, until mixture thickens.
2. Spread the mixture on a baking sheet lined with wax paper. Let cool and harden.
3. Break the candied nuts into chunks. Combine with dried fruit.
4. Store in airtight container.



Harvest hunt

Directions: After unscrambling each leaf's word, follow the vine to complete the Bible verse.



Peacemakers who sow in _____ reap a harvest of righteousness. James 3:18, NIV

Let us not become _____ in doing good, for at the proper time we will reap a harvest if we do not give up. Galatians 6:9, NIV

I tell you, open your eyes and look at the _____!
They are ripe for harvest. John 4:35, NIV

Answer: peace, weary, fields